

POW Services

POW provides a full-time drop-in and an outreach service to those involved in or affected by

PROSTITUTION and **DRUG MISUSE**.

Drop-in provisions;

- Advice and information
- Support and respite
- Free condoms
- Dodgy punter information
- Benefits and welfare advice
- Drug treatment clinics
- In-house drugs worker
- Needle exchange and acupuncture
- Sti screening
- Contraception and smear testing
- In-house counsellor
- Chaperone and advocacy
- Referrals to other agencies
- Donated clothes
- Pen pal services

Outreach Services;

- Street outreach
- Sauna and flat visits
- Home visits
- Hospital, rehab and prison visits

DROP-IN OPENING TIMES

Monday 11am-4.00pm

Tuesday 11am-6.00pm

Wednesday 11am-4.00pm

Thursday 11am-6.00pm

Friday 1pm-4pm

Monthly late night 10pm-2am

Times may vary according to client demands.

16 Independent Street
Radford
Nottingham
NG7 3LN

Tel: 0115 9249992

More information on website:

www.pow-advice.co.uk

E-mails: andrea@pow-advice.co.uk sonia@pow-advice.co.uk

Professionals can make an appointment for more in depth information on POW and it's services

What is **pow!**

POW is a charity that promotes health and dignity in prostitution through empowerment, support and peer education.

POW provides a diverse range of specialist services in a relaxed, safe, informal setting. Confidentiality is at the forefront within our service.

Confidentially, Trust, respect, empathy and integrity are at the forefront of POW services.

**No Judgements.....
Just Facts!**



POW History

POW was launched in 1990, when local women from the prostitute community volunteered to train as researchers to assess health and intervention needs of prostitute women in a disadvantaged area of the City of Nottingham. The World Health Organisation and 'Nottingham Health Authority' (NHS Nottingham City) funded this research.

Gaps in the provision of services were revealed and as a result, sources of advice and support for working prostitutes were created. The survey data they generated was used to design an outreach and referral service. This project reflects lay representation, mediates across organisations in the statutory and voluntary sectors and crosses professional and lay boundaries.

POW evolved into a robust independent Charity (no. 10644273) shaping and changing the nature of health and welfare provisions for socially excluded people.

Based in Radford in Nottingham, POW employs 6 members of staff and a range of volunteers who assist with outreach and activity sessions.

What does POW offer?

The central part of POW's work involves outreach on the streets of Nottingham. Workers and trained volunteers talk to women and men about any issues of concern to them. Outreach usually occurs at 11pm twice weekly and in the afternoons in and around where clients work i.e. streets, saunas, flats and individual homes. Clients are also supported at court, secure units, prisons, rehab's and at children's homes.

Advice is always available to clients and includes the following topics: -

- Sexual and general health
- Personal safety whilst working as a prostitute
- Reducing or ceasing drug use
- Exiting from prostitution
- Provision of services by other agencies
- Contraception
- Benefits, welfare and debt advice
- Lifestyle changes
- Prevention
- Social support

POW aims to....

Provide support and information to minimise the risk of sexually transmitted infections and HIV .

Provide a route out of prostitution for those who want to exit.

To provide a service that is sensitive to and responds to the needs of all service users.

One to one support to help individuals make positive lifestyle changes.

To identify an appropriate communication tool to assess the individual need of the client in order to promote health education and health promotion.

Provide individuals and agencies with a true picture of prostitution and its effects on individuals including the increased use of drugs.

To actively promote the opportunities of lifestyle changes for all POW clients.

To promote understanding and awareness in the wider community, amongst other voluntary agencies and statutory organisations on all matters regarding prostitution and drug use.

Educate where necessary young people the nature of the risks of becoming involved in prostitution.